



Physical Education at Bibury C of E Primary School

Intent

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities.

It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness.

Opportunities to compete in sport and other activities build resilience and perseverance and help to embed values such as fairness and respect.

Bibury Primary School, our aim is to ensure all children enjoy and are engaged in Physical Education and Sport.

Through Physical Education we aim to develop the children's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities.

We aim to improve health and well-being, promote active participation and lifelong learning, and for each child to fulfil their potential.

We aim to ensure that the children's experience of Physical Education is positive and motivating and that children's attitudes to a healthy lifestyle are firmly embedded in our curriculum.

We aim for children to become physically literate which can best be described as the motivation, confidence, physical competence, knowledge and understanding that provides children with the movement foundation for lifelong participation in physical activity. Enabling them to be physically literate supports their development as competent, confident and healthy movers. (Sport England)

- Competence to excel in a broad range of physical activities
- Children who are physically active for sustained periods of time

Implementation

Bibury School is a member of the Cotswold Schools Sports Partnership and participates in a range of competitive and non-competitive sporting activities and makes full use of the advice and resources provided by the Partnership.

PE is an area of learning in its own right as well as integrated where possible with other curriculum areas. Pupils at Bibury participate in weekly high quality PE and sporting activities. These sessions are either delivered by specialist coaches or class teachers during PE lessons. It incorporates a variety of sports to ensure all children develop their confidence, tolerance and the appreciation of their own and others' strengths and weaknesses.

In addition, we provide taster sessions for a range of sports led by visiting coaches.

KS1

Pupils in KS1 are given ample opportunities to develop their fundamental movement skills and extend their agility, balance and coordination. They engage in competitive and cooperative physical activities through games, dance and gymnastics.

KS2

In KS2, pupils continue to apply and develop a broader range of skills such as running, jumping, throwing and catching. These skills are incorporated into competitive games, performances using movement patterns and evaluations of their own and others' work. Pupils communicate and collaborate with each other and develop an understanding of how to improve in physical activities. There are many opportunities across the year for children to take part in inter and intra school competitions, as well as festivals, where children's successes in sports are celebrated.

Swimming

All children (R-Y6) attend swimming lessons at the local swimming pool where they are taught to swim competently, confidently and proficiently over a distance of 25m using a range of strokes.

We provide opportunities for all children to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage.

We also encourage active playtimes through the provision of a range of equipment (changed daily) to ensure that we are giving children at our school the best possible chance of achieving the recommended 60 minutes of physical activity each day.

Bibury children will:

Have fun and experience success in sport

Have the opportunity to participate in P.E at their own level of development

Secure and build on a range of skills.

Develop good sporting attitudes.

Understand basic rules.

Experience positive competition.

Learn in a safe environment.

Have a foundation for lifelong physical activity, leaving primary school as physically active.

Have the opportunity to gain leadership skills through helping to organise the Daily Mile and Sports Day as well as leading warm up sessions and intra school/house activities and acting as team captains in inter school activities.

Outdoor Activities

Pupils in EYFS make use of the outdoor learning space both here and at our partner school in North Cerney. We arrange biennial residential trips to Braeside (Y2-4) and the Wilderness Centre (Y5-6) where the children have the opportunity to take part in outdoor adventurous activities.

Additional Needs

Children with Additional needs or who are less confident in PE have the opportunity to take part in specialist nurturing events such as the Panathlon and Change4Life festivals.

Impact

At Bibury Primary School, we recognise the importance of PE and the role it has to play in promoting long term, healthy lifestyles. The intent of our PE curriculum is to provide all children with high quality PE and sport provision. It is our vision for every pupil to succeed and achieve their potential as well as to lead physically active lifestyles. We strive to inspire our pupils through fun and engaging PE lessons that are enjoyable, challenging and accessible to all. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle. Physical education teaches self-discipline and that to be successful you must work hard, show resilience and have the determination to believe that all are capable of refining and improving performance. Through our teaching of PE, we will provide opportunities for pupils to develop values and transferrable life skills such as fairness and respect as well as providing them with opportunities to take part in competitive sport.

Pupil attainment is assessed regularly as part of lessons and achievement measured against our progression of skills document.

Impact is also measured through the annual School Games award which is based on a moderated self-audit of the school's involvement in curricular and extra-curricular sport.

It is also measured by the school's involvement in, and performance at, competitive events that are matched to the profile of a smaller than average rural primary school, for example, the Small Schools Football Tournament or Fun Festivals.